

Germany's
best place

find it in FrankfurtRheinMain



My Roadmap

EN

www.find-it-in-frm.de/en

Germany's best place

find it in FRM

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www.find-it-in-frm.de/en

Arriving in FRM*



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Entry & stay

No visa needed if you are a citizen of the EU, EFTA (European Free Trade Association), or of the following countries: Australia, Canada, Israel, Japan, New Zealand, South Korea, UK or the USA.



Third country nationals require a visa



Residence permit



Purpose of stay



Length of stay

If you would like to work, study or take up vocational training in Germany, you will need a **residence permit**. This is **limited to a specific period of time**, but may be extended. You must apply for your residence permit directly at the **immigration office** (Ausländerbehörde).

Highly qualified professionals may apply for the **EU Blue Card**, which is available to **university graduates**. The degree must be recognised in Germany or comparable to a German degree. You will also have to show a work contract or a binding job offer with a minimum annual salary.



Learning German



Learning German at the VHS adult education centre

In order to live and work in FrankfurtRhein-Main you should have a good level of German. The region offers a **wide range of language courses**. The numerous **Adult Education Centres, Volkshochschulen (VHS)**, and the **Goethe-Institut Frankfurt** offer certified German courses.

Language courses **specifically for the workplace** are also available. With this programme, the state contributes 50% of the costs for a language course.



Visas & paperwork

For information on entry and your stay,
as well as visa application forms, see:

www.auswaertiges-amt.de/en [EN](#) | [DE](#) | [FR](#) | [ES](#) | [PT](#) | [AR](#) | [RU](#)

EU immigration portal:

immigration-portal.ec.europa.eu [EN](#) | [FR](#) | [ES](#) | [PT](#) | [AR](#)



Immigration Authorities

The authority responsible for anything related to your stay is the immigration office at your new place of residence. You can use the following website to find the relevant immigration office:

bamf-navi.bamf.de/en [EN](#) | [DE](#)

For more information on residence permits see:

www.bamf.de/EN [EN](#) | [DE](#) | [FR](#) | [AR](#) | [RU](#) | [TR](#)



Learning German

For information on German classes as well as language courses for the workplace, see:

www.bamf.de/EN [EN](#) | [DE](#) | [FR](#) | [AR](#) | [RU](#) | [TR](#)

www.goethe.de/en [EN](#) | [DE](#)

To find the nearest VHS adult education centre, see:

www.volkshochschule.de/verbandswelt/volkshochschulen/alle-standorte.php [DE](#)

Online courses:

www.deutsch.vhs-lernportal.de [EN](#) | [DE](#) | [FR](#) | [ES](#) | [IT](#) | [EL](#) | [PL](#) | [PT](#) | [AR](#) | [BG](#) | [FA](#) | [HR](#) | [KU](#) | [PS](#) | [RO](#) | [RU](#) | [SQ](#) | [SR](#) | [TI](#) | [TR](#) | [UK](#)

www.goethe.de/ins/de/en/kur/kdu.html
[EN](#) | [DE](#) | [FR](#) | [ES](#) | [IT](#) | [PT](#) | [JA](#) | [RU](#) | [TR](#) | [ZH](#)



Working in FRM



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Work permit

Third country nationals will need a work permit. As the **work permit** depends on your residence status, you need to talk to the **immigration office for your area**.



Work permits are issued, along with residence permits, by the immigration office



Professional qualification required

If you would like to work in the **medical, social services or education sector** you will need to have your **professional qualifications** recognised. While other professions don't require this, it is an advantage. To get your **qualifications recognised**, you need a **certified copy of your certificate** and a **translation** by an official translator.



Finding work



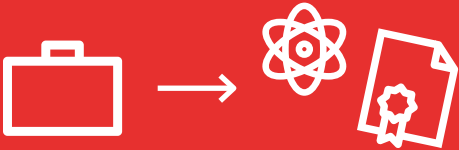
Looking for work in FrankfurtRheinMain? The best thing to do is to register as a **jobseeker** with the local **Employment Agency** in your city, town or district.

The **Careers Information Centre** provides information on the various **fields of work** and necessary **qualifications**.

Do also take a look at the **Employment Agency's online job market**. There are **many additional job platforms** for targeted searches.



Vocational training



Most professions require vocational training



Vocational training lasts 3 years



It consists of a practical and a theoretical part

Many professions require a **vocational training qualification** or university degree. **Vocational training** usually takes three years, and consists of a **practical experience in the company**, and a **theoretical part at a vocational college**. This **dual form** of training is unique to Germany. There are around **300 traineeships** across the country, many of them available in our region.



Work permit

Information on your work permit is available from the German Federal Employment Agency's International Placement Service (ZAV):

www.zav.de EN | DE

For more information please also see:

www.make-it-in-germany.com/en EN | DE | FR | ES | IT | PL | PT | AR | BG | BS | ID | KO | RO | RU | SQ | SR | TR | VI

For support and information on having qualifications recognised:

www.anerkennung-in-deutschland.de/html/en EN | DE | FR | ES | IT | EL | PL | RO | AR | RU | TR | UK

www.netzwerk-iq.de/en EN | DE

Information on the validation of foreign qualifications can be found in the anabin database:

anabin.kmk.org EN | DE | UK



Finding work

The Employment Agency (Agentur für Arbeit) will support you in finding work. To find one closeby, enter your place of residence:

www.arbeitsagentur.de/en EN | DE

The job portal of the Federal Employment Agency:

www.arbeitsagentur.de/jobsuche DE

The European Job Mobility Portal:

eures.ec.europa.eu/index_en EN | DE | FR | ES | BG | CS | DA | ET | EL | GA | HR | IS | IT | LV | LT | HU | MT | NL | NO | PL | PT | RO | SK | SL | FI | SV



Working in FRM

More advice and information on working in the region can be found here:

www.work-in-hessen.com [EN](#) | [DE](#) | [FR](#) | [ES](#)

www.netzwerk-iq.de/en [EN](#) | [DE](#)

www.berami.de [DE](#)

www.gffb.de [DE](#)



Vocational training

Of the 300 traineeships on offer in Germany, many are available in the FrankfurtRheinMain region. For more information see:

www.planet-beruf.de DE

www.arbeitsagentur.de/bildung/ausbildung EN | DE

www.ihk-lehrstellenboerse.de DE



Studying in FRM



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Germany

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Studying



FRM has over 30 higher education institutions



A wide range and choice of subjects



You will need a qualification for university entrance (German 'Abitur' or equivalent)



Advice from the university's International Office

To study at a German university, you need a **qualification for university entrance** such as the 'Abitur' or an equivalent qualification. The best source of advice on whether you fulfill the **requirements** for a degree course is the **International Office** of the relevant university. Take a look at the universities' **websites** to find out which subjects are on offer at different institutions.



Dual studies



+



Dual study courses consist of practical vocational training on the job

and university studies



x2

They take 3 years to complete, and on graduation you receive two qualifications: a vocational training diploma and a bachelor's degree

The dual study program in **Germany** is **unique**. Taking three years, it consists of both **practical vocational training** at a company, **plus a degree course taken at a university**. On graduation you receive **two qualifications** in one: a vocational training diploma and a bachelor's degree. The FrankfurtRheinMain region alone offers over **130 dual study programmes**.



Universities & colleges

Frankfurt

Frankfurt School of Finance & Management

www.frankfurt-school.de/en/home [EN](#) | [DE](#)

Frankfurt University of Applied Sciences

www.frankfurt-university.de/en [EN](#) | [DE](#)

Frankfurt University of Music and Performing Arts

www.hfmdk-frankfurt.de/en [EN](#) | [DE](#)

Goethe University Frankfurt

www.goethe-university-frankfurt.de/en [EN](#) | [DE](#)

Provadis School of International Management and Technology Frankfurt

www.provadis-hochschule.de [DE](#)

Darmstadt

Protestant University of Applied Sciences

www.eh-darmstadt.de/en [EN](#) | [DE](#)

Technical University (TU) Darmstadt

www.tu-darmstadt.de/index.en.jsp [EN](#) | [DE](#)

University of Applied Sciences

www.h-da.de/en [EN](#) | [DE](#)



Universities & colleges

Mainz

Catholic University of Applied Sciences Mainz

www.kh-mz.de/en/home EN | DE

Johannes Gutenberg University Mainz

www.international-office.uni-mainz.de EN | DE

University of Applied Sciences Mainz

www.hs-mainz.de/en EN | DE

In the surrounding area

accadis University of Applied Sciences Bad Homburg

international-students.accadis.com EN | DE

EBS Universität, Oestrich-Winkel

www.ebs.edu/en EN | DE

Fresenius University of Applied Sciences, Idstein

www.hs-fresenius.com EN | DE

Fulda University of Applied Sciences

www.hs-fulda.de/en EN | DE

Justus Liebig University Giessen

www.uni-giessen.de/international-pages EN | DE

Offenbach University of Art and Design

www.hfg-offenbach.de/en EN | DE

RheinMain University of Applied Sciences, Wiesbaden

www.hs-rm.de/en/international/international EN | DE



Universities & colleges

In the surrounding area

University of Applied Sciences Aschaffenburg

www.th-ab.de/en EN | DE

University of Applied Sciences Bingen

www.th-bingen.de/en EN | DE

University of Applied Sciences Mittelhessen

www.thm.de/site/en EN | DE

University of Applied Sciences Worms

www.hs-worms.de/international EN | DE

An overview

www.daad.de/en EN | DE

www.dualesstudium-hessen.de DE

www.hochschulkompas.de/en EN | DE

www.study-in-germany.de/en EN | DE

www.study-in-hessen.de EN | DE

www.uni-assist.de/en EN | DE



Living in FRM



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The FrankfurtRheinMain region offers various **housing options**. It is worth considering the **smaller towns or municipalities in FRM** as **rental prices** tend to be **lower** and the larger towns can be easily reached by public transport. This makes living **outside the larger cities** and **commuting** into work a good option.



Looking for accommodation:



online



through
agents

In Germany **registration is mandatory**: residents have to register with the **relevant local authority** no more than two weeks after moving. For this, you have to **make an appointment**. The necessary information is available on the website of your citizens' centre. In order to register, you will need **confirmation from your landlord/landlady** that you are the tenant (Wohnungsgeberbestätigung).



14 day deadline
for registering a
new address



Health insurance



What the 'GKV' public health insurance



will pay for

Health insurance is **mandatory** in Germany and must be valid from your first day in the country. The statutory health insurance (GKV) covers the **costs of medical treatment, screening and routine check-ups**. Your family is also covered.



Visit a local doctor



for referral to a specialist

If you are ill, your best option is to visit a local **general practitioner**. If necessary, they will refer you to a **specialist**. The websites below will help you find a **doctor** who speaks your **native language**.



www.arztsuche Hessen.de

www.stiftung-gesundheit.de/arzt-auskunft

Schooling

Age
6-18



Mandatory education between
6 and 18 years of age

Attending a state school is **free**. Primary school is from grades 1 to 4, and secondary school from grades 5 to 10.

Junior school-leaving certificates may be taken in Grade 9 (Hauptschulabschluss) or Grade 10 (Realschulabschluss). Afterwards, pupils may take up **vocational training**, or continue schooling and take the **senior school-leaving certificate** (Abitur) in Grade 12 or 13.

After the **Abitur**, pupils may apply to **university** or take up vocational training. Some **vocational training courses** require the Abitur.



In addition, the Frankfurt-RheinMain region has over **20 international and bilingual schools** teaching German both as a foreign language and as a native language.

Citizens' Centre & Registration Office

To find the registration office or citizens' centre nearest to you, just enter the postal code of your place of residence on the following website:

www.umziehen.de/behordenfinder DE

Health insurance & going to the doctor

Information on health insurance providers can be found here:

www.krankenkassen.de DE

If you only speak a little German and would like to see a doctor who speaks your language, the following websites will help:

www.arztsuche Hessen.de DE

www.stiftung-gesundheit.de/en/arzt-auskunft EN | DE



International & European schools

accadis International School, Bad Homburg

www.accadis-isb.com [EN](#) | [DE](#)

European School Frankfurt

www.esffm.org/en [EN](#) | [DE](#) | [FR](#) | [ES](#) | [IT](#)

European School RheinMain, Bad Vilbel

www.es-rm.eu [EN](#) | [DE](#)

**Frankfurt International School,
Oberursel / Wiesbaden**

www.fis.edu [EN](#)

**ISF International School Frankfurt Rhein-Main,
Frankfurt am Main**

www.isf.sabis.net [EN](#)

Metropolitan School Frankfurt, Frankfurt am Main

www.m-school.de [EN](#)

State International School, Seeheim-Jugenheim

www.schuldorf.de/siss-secondary-home [EN](#)

Strotthoff International School, Dreieich

www.strothoff-international-school.com/en [EN](#) | [DE](#)



Secondary schools with bilingual options

Albert-Einstein-Schule, Schwalbach am Taunus

www.aesmtk.de DE | FR

Deutschherrenschule, Frankfurt am Main

www.deutschherrenschule.jimdo.com DE | IT

Freiherr-vom-Stein-Schule, Frankfurt am Main

www.freiherr-vom-stein.de DE | IT

Goethe-Gymnasium, Frankfurt am Main

www.gg-ffm.de EN | DE

Gutenbergschule, Wiesbaden

www.gutenberg-gym.de DE | FR

Herderschule, Giessen

www.herderschule-giessen.de EN | DE

Kopernikusschule, Freigericht

www.ksf.de DE | FR

Liebigschule Frankfurt

www.liebigschule-frankfurt.de DE | FR

**Lycée Français Victor Hugo de Francfort,
Frankfurt am Main**

www.lfvh.net FR | EN | DE

Obermayr International School, Schwalbach

www.obermayr.com EN | DE

Otto-Schott-Gymnasium, Mainz

www.osg-mainz.de DE | FR

Phorms Taunus Campus, Steinbach (Taunus)

frankfurt-taunus.phorms.de/en/frontpage/ EN | DE

Tilemannschule, Limburg

www.tilemannschule.de DE

Ziehenschule, Frankfurt am Main

www.ziehenschule.de DE | FR



Bilingual primary schools

Alexander-Puschkin-Schule, Frankfurt am Main

www.alexander-puschkin-schule.org DE | RU

Amelia Earhart Grundschule, Wiesbaden

www.amelia-earhart-schule.de/?lang=en EN | DE

Erasmus Frankfurt am Main / Offenbach

www.erasmus-frankfurt.de/en EN | DE | ES

www.erasmus-bildungshaus.de EN | DE | ES

FINTOSCH Multilingual Primary School, Frankfurt am Main

www.fintosch.com/en/primary-school EN | DE

Holzhausenschule, Frankfurt am Main

www.holzhausenschule.de DE | IT | EL

International Bilingual Montessori School, Frankfurt am Main

www.ibms-frankfurt.com/en EN | DE

Kids Camp Primary School, Königstein

www.kidscamp-ggmbh.de/en EN | DE

Kinderzeit Schule, Schwalbach am Taunus

www.kinderzeit-gutezeit.de EN | DE | ES | FR

Main Schule, Frankfurt am Main

www.main-schule.de EN | DE | RU

Mühlbergschule, Frankfurt am Main

www.muehlbergschule.de DE | IT

Phorms Frankfurt am Main / Steinbach am Taunus

www.frankfurt.phorms.de EN | DE

SIS Swiss International School Frankfurt

www.swissinternationalschool.de/en/our-schools/sis-frankfurt/ EN | DE

Textorschule, Frankfurt am Main

www.textorschule.de DE | FR

Willemerschule, Frankfurt am Main

www.willemerschule.de DE | IT



Discovering FRM



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Green FRM



The region offers plenty
of outdoor activities

With **574,000 hectares of forest and recreational spaces**, FrankfurtRheinMain is one of the greenest regions in Germany. The varied landscape is well suited to **climbing, hiking, cycling** and many other **outdoor activities**.



Don't forget to
visit the Regional-
park RheinMain!

In the area surrounding Frankfurt there is also the **Regionalpark RheinMain**, with 550 km of trails and 180 attractive destinations. The park is well signposted and is easy to navigate on foot or by bike.



Getting around in FRM



The FrankfurtRheinMain region has an excellent **public transport network (ÖPNV)**. The **RMV public transport system** connects all towns and cities within the region. The adjoining regions belong to the **VRN** and **VAB public transport networks**, which provide numerous connections for **local services**. **Long-distance services** are run by **Deutsche Bahn (DB)**.

The **bike** is also a popular means of transport in FrankfurtRheinMain. The region has a range of **well maintained cycle paths** and several **bike rental systems**.



Urban FRM



200
museums



100
theatres



numerous clubs
and bars

FrankfurtRheinMain offers a wide range of recreational activities. Here you will find plenty of sporting activities as well as cultural and other events. Alongside **200 museums** and **100 theatres**, the region is home to **three major zoos, leisure parks, recreational pools and thermal spas**, as well as plenty of **clubs and bars**.

The region has a very strong **international character**. More than **one million people** from nearly **200 countries** live and work here. Social contacts can help you find your feet in your new home. You will find like-minded people in the numerous **international communities** in FrankfurtRheinMain. The links on the following page will help you further.



Recreation & nature

The region

www.frankfurt-rhein-main.de/en [EN](#) | [DE](#)

Hiking & cycling

BahnRadweg Hessen

www.bahnradweg-hessen.de [DE](#)

Das Lähntal

www.daslahntal.de [DE](#)

Die Röh'n

www.rhoen.info [DE](#)

Gießener Land

www.giessener-land.de [DE](#)

Main-Radweg

www.mainradweg.com [DE](#)

Mittelgebirge Taunus

www.taunus.info [DE](#)

Naturpark Hochtaunus

www.naturpark-taunus.de [DE](#)

Naturpark Rhein-Taunus

www.naturpark-rhein-taunus.de [DE](#)

Naturpark Spessart

www.naturpark-spessart.de [DE](#)

Regionalpark RheinMain

www.regionalpark-rheinmain.de [DE](#)

Rheingau

www.rheingau.com/en [EN](#) | [DE](#)

UNESCO Geo-Naturpark Bergstraße Odenwald

www.geo-naturpark.net/en [EN](#) | [DE](#)



Recreation & nature

Hiking & cycling

Vulkanregion Vogelsberg

www.vogelsberg-touristik.de **DE**

Wanderregion Rheinsteig

www.rheinsteig.de **DE**

Wein- und Ferienregion Bergstraße

www.diebergstrasse.de/en **EN | DE**

Wispertalsteig und Wispertrails

www.wisper-trails.de **DE**

Family activities

Freilichtmuseum Hessenpark

www.hessenpark.de/en **EN | DE**

Keltenwelt am Glauburg

www.keltenwelt-glauberg.de/en **EN | DE**

Opel-Zoo, Kronberg

www.opel-zoo.de **DE**

Regionalpark RheinMain

www.regionalpark-rheinmain.de **EN | DE**

Römerkastell Saalburg

www.saalburgmuseum.de **EN | DE**

Zoo Darmstadt

www.zoo-vivarium.de **DE**

Zoo Frankfurt

www.zoo-frankfurt.de/en **EN | DE**



Recreation & nature

Art & culture

English Theatre Frankfurt

www.english-theatre.de EN

Kultur in Hessen

www.kultur-in-hessen.de/en EN | DE

KulturRegion FrankfurtRheinMain

www.krfrm.de DE

Kulturinitiative RheinMain

www.kirm.de/en EN | DE

Museen in Hessen

www.museen-in-hessen.de DE

Mobility

For information on public transport and ticket prices in the FrankfurtRheinMain region, see:

RMV www.rmv.de/en EN | DE | ES | FR | IT | TR

VAB www.vab-info.de DE

VRN www.vrn.de DE

Deutsche Bahn www.bahn.com/en

EN | DE | FR | ES | CS | DA | IT | NL | PL



International communities

A good option to make new contacts and settle into your new home are international communities. Here, there are cultural societies as well as business networks. Sports and other recreational clubs are also a good way to meet people.

You will find information on international communities in the region here:

www.find-it-in-frm.de/en/find-it-in-frm-internationalism-and-community [EN](#) | [DE](#)

Office for multicultural Affairs

www.amka.de/en/node/686 [EN](#) | [DE](#) | [ES](#) | [FR](#) | [IT](#) | [PL](#) | [AR](#) | [BG](#) | [HR](#) | [RO](#) | [RU](#) | [TR](#) | [TI](#) | [UK](#)

Association of binational Families and Partnerships

www.verband-binationaler.de [DE](#)

International Stammtisch

On the first Monday of the month, the international community is invited to meet and mingle after work at the International Stammtisch. It is a great opportunity for newcomers and expats to get to know other people and make new friends. The events take place in English.

www.find-it-in-frm.de/en/find-it-in-frm-internationalism-and-community [EN](#) | [DE](#)



FRM International Office

In order to help new arrivals settle into FrankfurtRheinMain, our platform provides important information on living and working in the region, as well as listing relevant contacts and services.

The FrankfurtRheinMain International Office is happy to answer your questions.

www.find-it-in-frm.de/en

- Handy hints
- Important information
- Overview of contacts



contact@find-it-in-frm.de



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Regionalverband
FrankfurtRheinMain



Regional Authority FrankfurtRheinMain

– The Regional Board –
Poststrasse 16
60329 Frankfurt am Main



Contact:

Department for Metropolitan Region,
Regional Development and Europe
Susanna Caliendo
Head of Department

Design: www.dbf.design

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Help in an emergency

**Emergency Services and
Fire Brigade: 112**

Police: 110

Emergency medical service: 116117